

2023 Edition



LUMOS

ILLUMINATE YOUR PATH WITH BRILLIANCE



SRI SAI COLLEGE OF DENTAL SURGERY

Dr. Prabhat Kumar Tiwari
@SSCDS_vkb



FROM THE EDITORIAL TEAM

LUMOS ! To illuminate. A magical spell that is used in a popular fictitious story which provides abundance of light, chasing out the darkness in its entirety. The college magazine is named so as to bring all the passionate literature and art enthusiasts of SSCDS into the spotlight.

The theme of 2023 magazine is IKIGAI. It is a Japanese philosophy referring to something that gives a person a sense of purpose, a reason to live, making life worthwhile.

Ikigai's four converging elements are, what you love (your passion), what the world needs (your mission), what you are good at (your vocation) and what you can get paid for (your profession). This magazine acknowledges and appreciates each individual who took the courage to consciously design an approach where their life and work sits at an intersection of these 4 factors.

(PS : You will also learn few japanese phrases and words 😊)



"IKIGAI IS THE INTERSECTION WHERE PASSION, MISSION, VOCATION AND PROFESSION HARMONIZE, CREATING A LIFE OF PURPOSE AND FULFILLMENT"

DR.P.Parthasarathi Reddy Principal,SSCDS



It is a matter of great pride to see the 2023 edition of LUMOS come out in its new avatar. LUMOS signifies light and true to its name it aptly showcases the abundant talent within SSCDS. I heartily congratulate the editorial team for their dedication and hard work in a very short time, which has given us a glimpse of the life on campus and activities over the past year.

Dr. Syed Afroz Ahmed Vice Principal

LUMOS 2023 is a shining example of how the collective will of a group, overcomes all adversities and challenges to achieve what they set to deliver. It reflects the virtue of team spirit which we sincerely try to inculcate in our students. The same spirit which is seen in every page of this wonderful magazine. I congratulate the editorial team for their tireless effort.



Dr. Sampath Reddy Vice Principal

It is commendable that students in this digital age still believe in the age old charm of the humble college magazine. The infectious enthusiasm the editorial team has shown in compiling LUMOS 2023 is what makes it even more endearing. Keep up the spirit.



Dr.Abhinav
Editorial Advisor

The impact of the pandemic was telling, in how it impacted all our routines. The college magazine which was maturing through the initial LUMOS editions ground to a halt. In this backdrop, the vigour shown by the enterprising editorial team towards creating the latest edition of LUMOS was a surprise and a delight. I applaud their achievement and look forward to seeing their endeavour continue to grow and mature further in the future.



Ch.Samapriya
Editor-In-Chief



We are delighted to bring back the light that has been missing since 4 years “LUMOS”. I am very fortunate to have such a good team to revive the reminiscences of the bygone days. Together, we have created something truly special. Thank you team, for turning dreams into reality, for weathering challenges with grace and for infusing every page with a piece of your hearts. This project has been a testament to the power of collaboration and shared vision.

Here's to you – the beating heart of our magazine.

LUMOS 2023 showcases all the highlights of the year that we treasure and the four principles of Ikigai being applied in our life – which refers to all the things worth living for.

Aditya.P
Associate Editor

First year in, countless stories and memories hear. Your unwavering support has fueled our passion for creating content that matters. Here it is, for you, our magazine LUMOS filled with joy, experience and talent bringing back old memories and touching new heights.



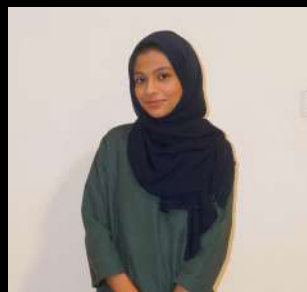
D.Vennela

After being a part of LUMOS 2018, Here I am, privileged to be a part of LUMOS 2023. Since there has been an extended pause, it is now time to kick start again. We have focused on variety of content and tried to make it alluring, we hope you will enjoy reading it as much as we have enjoyed curating it.



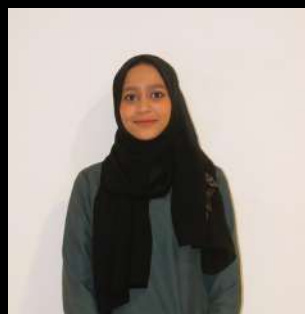
Syeda Maria Fatima

Over the years LUMOS has provided an opportunity for students to showcase the interest and share their ideas. I am glad to pen for this magazine an appreciation of commendable efforts put forth by the team.



Habiba sanobar

LUMOS is more than just pages bound together, it's a vibrant canvas that paints our college journey in vivid hues. It's a treasure trove where we weave our cherished memories. LUMOS isn't just a magazine, it's the heartbeat of our shared experiences, the story of our collective adventure; I'm honored to be part of this dedicated team.



Samreen Kareem

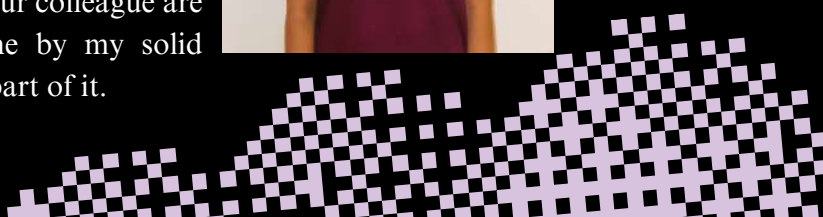
LUMOS has been a great opportunity for us students to explore the bits & pieces of SSCDS . Seeing the enthusiastic faces of my colleagues as they complete their work & come up with ideas to make it up one beautiful story that's being printed onto these pages to cherish forever.



Isra Meraj

‘LUMOS speaks our college journey’

LUMOS is just not a magazine but a one-stop place where fond memories, unforgettable celebrations and creative side of our colleague are beautifully presented to everyone by my solid team and I am privileged to be a part of it.



J.Deekshitha

"No one can whistle a symphony, it takes a whole orchestra to play it" and our team did it. Hats off to all the innovative ideas and meticulous work of our team that contributed to continuing the legacy of LUMOS 2023.



Harshitha Tripathi

LUMOS 2023 was our humble attempt to capture our lives at SSCDS. My time with the editorial board was a cathartic experience as it helped me relive all the best parts of the past year. All I can now hope for is that it'll be equally exhilarating for all the readers, too.



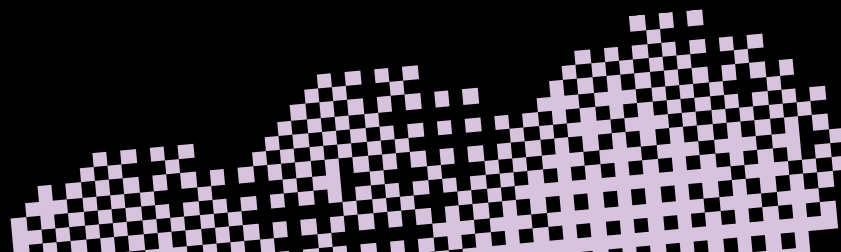
Maliha mirza

LUMOS has really made me emotional about all the beautiful memories I'll be saying goodbye to someday. Expressing gratitude for the collaborative spirit that brought our college magazine to life. Thanks to all contributors for their hard work and creativity. This achievement reflects our shared commitment to showcasing the best of our college community. Cheers to a job well done!



Ruhi Agarwal

LUMOS has been an incredible opportunity and I am glad to be an integral part of this creative and dynamic environment. Cheers to a memorable collaboration!!



Marwaan

Living for the moments that we can't put into words is something that I realised through my journey while forging a part of this simple yet marvelous magazine which is ultimately a visual representation of the beautiful experiences and memories put forth by the entire team.



Arun

Crafting narratives with precision and grace,
Editorial touch in every embrace.
Words unfold, a compelling chase,
In the tapestry of ideas, find your space.
My journey with my team was a wonderful one and I'm very glad I had a chance like one.

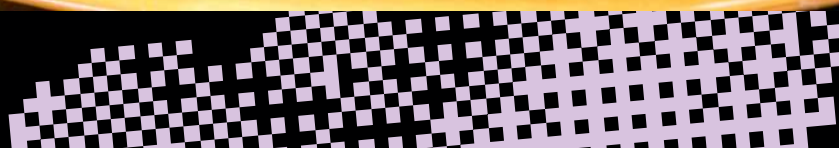


Phaneendra

Illuminating Stories and Perspectives. Dive into a world of captivating narratives, insightful features, and inspiring voices. Let your curiosity be the guiding light – explore, discover, and shine with LUMOS.



Editorial team



Remembrance



With a heavy heart we remember and honor the life of our Professors, Dr. (Brig). Ramen Sinha and Dr. Wajahath Ali, remarkable educators whose legacy will forever resonate within the corridors of our institution. They left an indelible mark on our academic community, shaping minds, inspiring curiosity and fostering a passion for knowledge.

As we reflect on their contributions, we remember they not only possessed a profound understanding of the subject but also had an extraordinary gift for imparting that knowledge with enthusiasm and clarity. Their dedication to the pursuit of excellence set a standard that continues to inspire both colleagues and students alike.

Beyond the lecture hall, they were mentors, guides and a source of unwavering support for many. They believed in the potential of each student, encouraging intellectual curiosity and nurturing the growth of aspiring minds. Their impact on the lives of those they taught extends far beyond the confines of the academic curriculum.

Their commitment to education will forever remain woven into the fabric of our institution.



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SRI SAI COLLEGE OF DENTAL SURGERY

About campus



Nestled amidst the embrace of sprawling verdant greenery, our campus breathes life into the pursuit of knowledge. Each brick in the walls echoes the stories of countless individuals who have embarked on transformative journeys within these hallowed halls. Within the classrooms, the very crucibles of intellectual exploration, professors wield the torch of wisdom, illuminating the minds of eager learners. Here diversity is not just acknowledged, it is celebrated, fostering an environment where everyone's unique melody contributes to the rich symphony of campus life.

Beyond the structured realms of academia, the expansive grounds offer sanctuaries of reflection and repose. From the tranquil library that house the wisdom of ages to the bustling cafeteria where friendships are forged over shared dreams and aspirations, every corner exudes an ambience of intellectual curiosity and kinship.

It is a living, breathing entity that shapes character, forges lifelong bonds and sends forth graduates armed with the wisdom to navigate the world. It is a microcosm of the universe, where dreams take flight and the pursuit of knowledge is a journey that transcends time.

GUIDE - THE DENTAL ACADEMY



Global Update In Dental Education

Guide is an intellectual blend of academic expertise from Sri Sai College of Dental Surgery, Professional expertise from an oriented thought of FMS Dental, Industrial collaborations and from global stalwarts of dentistry. Guide Academy is a learning hub for practitioners to keep on updating themselves year on year. Guide brings the practice-oriented training with evidence-based dentistry to dentists who are looking to start their footsteps in the clinical practice.

This premier dental academy is embraced with various innovative education methods and infrastructure which attracts practitioners and budding dentists across India. At Guide Academy, More than a business, education is our passion. Guiding the practitioners and dentists to ethical practice is our aim. We believe education advances everyone and everything by creating a continuous cycle of opportunity to elevate the skill sets. It's this passion which energizes everything we do and drives us to achieve success.

FMS DENTAL LEADING CHAIN IN DENTAL CARE

FMS Dental has emerged as a hub of excellence in dentistry, setting new standards in dental care. With a commitment to delivering state-of-the-art services, FMS Dental has established itself as a leading dental care provider, earning the trust of patients through a combination of cutting-edge technology, skilled professionals and a patient-centric approach.

Establishment and Legacy:

Founded by Dr. P. Parthasarathi Reddy, MDS, FMS Dental has a rich legacy that spans over two and a half decades. Since its inception, the clinic has been at the forefront of dental innovations and has evolved into a multi-specialty dental care, offering a wide array of services under one roof. Dr. Parthasarathi's vision was to create a space where patients could access world-class dental treatments under one roof which he had achieved in the shortest possible time.

Philosophy:

Dr. Parthasarathi Reddy's Philosophy behind FMS Dental lies in,

Integrity – To maintain highest ethical standards in the services it provides, reassuring the highest quality dental treatments.

Focus on Patient - They have put a lot of thought and effort into the physical environment while you are in dental facility. It is designed to be comforting and conducive to build the trust in you.

Respect For Staff - All employees are treated like family, with respect and dignity and with commitment to build upon this tradition.

Inception & Growth:

FMS Dental established in 1993 as a single multi-specialty dental clinic had now grown into different verticals like a 10 bed dental hospital with ICU & Operation theatre, 2 International Dental Centers in Hyderabad & Kochi, 10 multi-specialty dental clinics, 6 Skin & Hair life style clinics in Hyderabad, an in-house Dental Laboratory, a dental college and a GUIDE (Global Update in Dental Education) academy.

Comprehensive Dental Services:

FMS Dental is renowned for its comprehensive range of dental services, covering cosmetic, preventive, restorative and dental implants treatments. The clinic houses specialized departments including cosmetic dentistry, dental implantology, prosthodontics, endodontics, periodontics, pedodontics, oral surgery and orthodontics etc. This holistic approach allows patients to receive personalized and top notch dental care.

Awards & Accolades:

FMS Dental is one of the most awarded dental clinics in India. FMS has received more than 50 awards from prestigious institutions nationally and internationally since 2017. To name a few, FMS has been ranked #1 Dental Clinic in India and #2 Dental Clinic in the world by GCR (Global Clinic Ratings) continuously for last 8 years. FMS has been awarded as the International Dental Clinic of the year by IMTJ (International Medical Tourism Journal). Also, FMS Dental has been awarded the illustrious Times Health Survey Awards for several categories since 2017 to 2023.

This recognition is a testament to there enduring commitment to providing exceptional dental care to patients over the years.



ICHI-GO-ICHI-E

TREASURING AN UNREPEATABLE MOMENT



Navigating New Beginnings



A Glimpse of College Freshers' Day

As the sun dipped below the horizon, the campus buzzed with excitement, marking the commencement of another academic year. College Freshers' Day, a gateway to the collegiate experience, unfolded with an air of anticipation. The corridors echoed with laughter, friendships were budding and the spirit of new beginnings filled the air.

The event kicked off with a warm welcome address by the college authorities, setting the tone for the evening.

Ice-breaking activities took the centre stage by the top 10 chosen one's starting their ramp walk

The cultural extravaganza that followed showcased the diverse talents of the freshers with their top 10 performances. Music, dance and drama performances lit up the stage, providing a glimpse into the rich tapestry of cultures within the college community.

Not just about fun and games, Freshers' Day also featured the Q&A for the shortlisted top 5 testing their intellectual and moral ability which ended with staff choosing the winners Mohammad Ayman and Juveria Nikhat as Mr. Freshers and Miss Freshers.

The event concluded with a promise of support, encouragement and a shared commitment to make the college experience memorable for everyone.

Maliha Mirza
2nd Year

CONVOCATION CEREMONY



As black hats are tossed in the air, the sky is filled with euphoria. Graduation day is a unique celebration. It is the coming of age, the arrival of maturity and responsibility, which makes the heart go aflutter. Students dream of this grand day all their college life. An institute that conducted its convocation ceremony and gave the students a chance to wax eloquent on the importance of education is Sri Sai college of dental surgery. It held its 16th convocation ceremony on 15th September 2023 at SSCDS auditorium, vikarabad. The occasion was graced by respected dignitaries from medical and dental field who stressed on the importance of education.

“Wherever the art of medicine is loved, there is also a love of humanity”– Hippocrates

convocation ceremony is a special day in the academic life of students as after years of hardwork and dedication, they get their hard earned degrees.

Wearing the traditional academic regalia and walking up the stage is the dream of every student in front of their professors, colleagues, friends and family members who have supported them in their difficult endeavor. It is a defining moment in every student's life giving their live self-esteem a boost.



It's a day of mixed emotions - happiness for the accomplishment and excitement for what's to come, this day will leave a lasting impression in your heart. It's a day you'll look back on with fond memories.

***Dr.Maria, Dr.Habiba
Interns***

Rapid fire with faculty

Dr. Kopparesh Deshpande
Associate Professor, Biochemistry



1. Your experience as a part of the SSCDS family?

Ans. It has been a wonderful and amazing experience. For the past 23 years that I've been here, I've met so many different types of students and teachers and have made a family of my own here.

2. who is the first person you remember when you think of SSCDS?

Ans. Dr. Parthasarathi Reddy sir. He trusted me and he convinced me to move from my home to here. He has provided me with all the comforts and I'm very grateful to him for that. I had never even heard of Vikarabad but somehow I think it was written by God for me to come here... This is my Karmabhoomi.

3. The place where you spend the most amount of time in college?

Ans. Other than my lab, I spend the most amount of time with the Oral Pathology staff and Endo staff. Everyone, every student, every staff member knows that and sometimes my department becomes a grievance box because of that. (Laughs) I want to continue this bond with them without harming anybody in any manner.

4. Which colleague in the college are you the closest to?

Ans. Dr. Afroz sir.

5. How would you describe your bond with him?

Ans. Bond... I cannot explain in terms of chemistry (laughs) It is not a glycosidic bond, peptide bond or Hydrogen bond. It is a social bond. God only brings people in your life who match your frequency and it is a natural phenomenon in life. Both him and I share a positive attitude and a positive mindset.

6. How much difference do you see in the methods of teaching between then and now?

Ans. This is a bit of a tricky question, but I'll try to answer it anyway... Back then, around 2000 to 2003... Everything was different. Now you see so many gadgets are incorporated... The atmosphere is different now, socially, academically... But accordingly we also have to change. Because, you see, change is only natural. Everything else might change but the student needs to be a student only and their duty they have to perform.

7. Craziest thing you did as a student?

Ans. (Laughs) As a student, I used to only attend classes that I liked and understood. The lecturers I had during my PG years had studied outside of India so they didn't understand how things worked here and would always scold us a lot. So I even bunked my HOD's classes sometimes. It caused me a lot of problems but still I didn't like to attend such classes where they just came to narrate and went away without explaining properly.

8. If you had an autobiography written about you, what would the title be?

Ans. Boat sailing on the ocean of life.

9. Favourite actor or actress?

Ans. Amitabh Bacchan.

10. Your advice for the students?

Ans. Sacrifice and concentration is very much required. And more importantly, don't cheat yourself. Because if you're able to cheat yourself, it becomes very easy to cheat other people, too. Have a planned and disciplined way of learning. You must become a model for others. This requires hardwork, implementation and sacrifice.

Rapid fire with faculty

Dr. C. Vani
Professor, OMDR



1. The person or the moment you first remember when you first think of this college?

Ans. Dr. Jayakumar sir . He has taught me how to maintain relationships with everyone around you, To have a to do list to be kind and friendly and respectful. Always be empathetic towards everyone be it your senior, junior, student or colleague. He makes any environment you are in, comfortable.. He is one of the teacher to teachers.

2. Place where you spend the most amount of time in this college?

Ans. My UG section. I love to spend my time with my students and I always use to be in the UG section before the CDC system came in.

3. Who is your favourite colleague and why?

Ans. Dr. Mayuri (ortho dept.), Dr. Sharada (pedo dept.) and Dr.Charu(Oral path) because we have similar ways of thinking, we are hardworking and always inspire each other, there is mutual understanding and respect towards each other.

4. What are the pros and cons of being a staff?

Ans. Pros- As a staff we are very much influential in our students life. We have immense satisfaction when our students achieve good in college or in life ahead. The recognition we get as a teacher, when our students remember us as a good teacher that thought is worth every other struggle we put as staff.

Cons- As a staff there are no cons, because I always wanted to be a teacher and I love what I am doing.

5. What kind of a student were you?

Ans. I was an allrounder since my school days. I used to be interested in all extra curricular activities apart from studies. I was miss fresher in my UG and trained in bharatanatyam and veena. I was a topper in OU region in my PG entrance, hard working and gave my best in whatever I did.

6. If not a dentist what would you be?

Ans. I would have gone towards research side and would love to work in the field of genetics.

7. Your opinion on friendships and relationships?

Ans. Sometimes you evolve as a better person around people who are meant for you but you also need to have a sense of judging a person correctly. Giving time to parents, friends, relationships and studies. Everything is important and must, to live a better life.

8. Any message for interns and final years?

Ans. For interns(2018 batch) and final years(2019) batch: Take things with positivity. Be happy with your decisions and respect it. You don't have to be extraordinary, being ordinary is absolutely fine. Balancing life is a must. LIVE LIFE TO THE FULLEST.

9. Most memorable memory during your study years?

Ans. During my UG days in GDC Vijayawada, when i was working in prostho dept., I had a CD patient who was an agricultural worker. She was so happy with my work that, she came with all her family members and brought me vegetables and fruits grown in their farm to thank me when I delivered the CD.

10. Most annoying Quality in people?

Ans. People who try to bring down other people or make them feel inferior just to boost their own superiority complexes and also those, who always judge others negatively with no proper basis are the most annoying types.

11. What do you miss the most about your college days?

Ans. I miss the carefree life.. without any big or serious responsibilities.

Dr.Zeba Kaunain
PG 3rd year



NANA KOROBİ, YA OKI

FALL SEVEN TIMES,
STAND UP EIGHT



SPORTS MEET

UTKRISHTA

"True wisdom lies not just in textbooks but on the field of play. Education is essential, but remember, in the grand symphony of life, sports compose a crucial and harmonious movement."

Games and sports are as essential as studies. They provide the much desired change from the academic routine in the college. Sports meet at SSCDS is a time of joy and excitement. It's the time when everyone forgets about studies and departments and the entire college turns into a mini Olympic ground. In fact, the SSCDS sports meet is an eagerly awaited event. Our college meet, named Utkrishta which was held from 10th April to 5th May by Titans, was celebrated with great joy. The sports meet had a grand inauguration. The college grounds were well marked with enthusiasm and representatives of each batch.

We have games like cricket, volleyball, futsal, basketball, table tennis, chess, carrom, throwball. It is a meet where we can come together as a community and enjoy the spirit of competition. The importance of sports event lies not only in the competition, but also in the practice and preparation. It is an opportunity for us to show our spirit and determination. Preparation for the Sports meet starts weeks in advance. Students practice their respective sports. Teachers also participate, adding to the fun. The event ends with a grand award ceremony which was held on 5th of May where prize distribution took place and all the winning batches beam with pride, making Sports Day a memorable event. Lastly, there was a magnificent performance given by the Titans throughout the sports meet winning quite a few matches across many disciplines and won the overall 'Championship Trophy' making all of us very proud.



Isra Meraj
4th Year



Rapid fire with faculty

Dr. Shiva Sai
Senior lecturer, Prosthodontics



1. What is the most funny experience you ever had in classroom with your students?

Ans. When I was teaching 2nd years about type of dentures given for xerostomia patients there came a topic of salivary reservoirs and when I told them that artificial saliva will be stored in the salivary reservoirs.. whole class were like chiii.. thinking it's actual saliva which is collected and we are using it.

2. What is the funniest answer any of your student gave in their viva?

Ans. When I questioned student about types of acrylic teeth.. she started telling molars , premolars, canines, central incisors (hahaha..)

3. Who is your most memorable student and why ?

Ans. All the students who come for my approval and signatures without even bothering about where I am.. doesn't matter if it's cafeteria, laundry or I am on my way to the quarters and there's one more student who came for signature in record while I was eating in canteen. I have told her my right hand was not free even then, she asked for the signature and I signed with left hand for the first time. She made me ambidextrous at that moment. All these students are memorable since they bring back my UG memories and I see myself in them.

4. If you ever had an autobiography written, what would it be titled as ?

Ans. CUSPS AND FISSURES OF MY LIFE.

5. What do you think is the most annoying quality in the people ?

Ans. When I see people being hyperactive and who get tensed easily. Because anxiety kicks in whenever I see such people.

6. Who is the person or the moment you first remember when you think of this college ?

Ans. When I asked department sister to give me a mask she straight forwardly said me, NO.. thinking I was a first year pg student. That situation made me happy and sad at the same time.. happy because I felt young and sad because she didn't give me mask.

7. Who is your favourite colleague and why ?

Ans. My favourite colleague is Dr. Sheetal . Because, she interacts with everyone very easily. She has the talent to make even an introvert speak .

8. What's the most extraordinary thing you did and no one knows ?

Ans. I casted a silver ring with mandibular occlusal pattern which everyone knows but thing no one knows is that, it has an opposing ring with maxillary occlusal pattern together they occlude in class 1 relation .Those were the prosthodontic couple rings I made... person who is going to be the owner of that maxillary ring is yet to be known.

9. What's the advice you would give to the students who aspire to become you ?

Ans. Enjoy each and every moment of your life and be passionate towards your passion.

10. What was the craziest thing you did when u were a student?

Ans. When I was giving viva to rajesh sir who was my internal during my ug days(Now colleague) he asked me, what are different types of acrylic teeth? I answered him molars, premolars and incisors. Hahaha.. that's the reason why I laughed so badly when my student gave me the same wrong answer when I asked her that question and rajesh sir was beside me at that moment and I was looking at him like does that sound familiar? Hahahah

Rapid fire with faculty

Dr.Aoujashwie Sahi
Senior Lecturer, Prosthodontics



1.The person or the moment you first remember when you think of this college.

Ans. The person is Dr. Parthasarathy sir for giving me a wonderful opportunity to be a faculty member in this wonderful institution. The moment being I was mistaken to be PG student at college.

2. Place where you spend the most in this college.

Ans. With all your future professional colleagues working together in the Prosthodontics lab

3 .Who is your favourite colleague and why.

Ans. I would like to mention a few names: Dr.Vani (OMDR), Dr.Srivani (Perio), Dr Pooja and Dr Amrita(Prosthodontics) - lot of positive vibes. Dr. Mahendranath Reddy sir and Dr. Venkat Aditya for their willingness to share knowledge and supportive nature on Prosthodontics Day

4. What's the most extraordinary thing you did and no one knows.

Ans. Anonymous help to few needy students, no names please.

5. What's the advice you would give to the students who aspire to become you.

Ans. I don't want anyone to be me rather want them to "be yourself and a better yourself everyday"

6) What's are pros and cons of being a staff.

Ans. Pros - Co learning, professional satisfaction, meeting and learning from many learned staff and vibing with students

Cons - I don't find any in particular.

7) What was the craziest thing you did when you were a student.

Ans. Put my roomies wardrobe for sale in the common lobby.

8) What is the most funny experience you ever had in classroom with your students?

Ans. When students have to perform dance for coming late to the lecture hall. The "Chaarana athana dance" 😊 those have seen it know it 🤔

9) How did you end up in Prosthodontics?

Ans. I had no option. just kidding...

Prosthodontics was my first love since day one.



EGAO

LAUGHTER AND JOY

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feel

笑顔

Ganesh Chaturthi



“As we immerse in the joyous beats and colorful celebrations of Ganesh Chaturthi, let's revel in the laughter, the dance and the sweet moments that make this festival truly special”.



We welcomed Lord Ganesha to our humble abode with full fervour and gaiety. Lord Ganesha is revered as the remover of all obstacles. He symbolises wisdom and prosperity. His broken tusk represents sacrifice and his vehicle, the rat, represents humility.

The Ganesh Chaturthi celebrations at Sri Sai College of Dental Surgery spanned seven days full of love, devotion and celebrations. Girls and boys alike got their hands dirty as they made little mud Ganeshas, sprinkled rangolis and adorned their friend's hands with mehendi.

There were grand poojas held during the daytime and at evenings, every day, as everyone dressed up in their best clothes and sang prayers honouring Lord Ganesha. In the evenings, events like musical chairs, dance competitions, dumb charades and tambola filled the halls with the student's laughter and cheers.

The days of festivities were brought to an end concluded by a boisterous Visarjan dance as all the batches dressed up in different clothes, chanted the Lord's name and danced the night away, bidding adieu to the Lord.

In SSCDS, Ganesh Chaturthi is not just a religious event but a cultural extravaganza that brings people together in joyous celebration, reinforcing the values of harmony, devotion, environmental responsibility.





Eid Fest

“As the crescent moon graces the sky, let the joy of laughter, the warmth of togetherness and the flavors of delightful feasts fill your home this Eid. Here's to a celebration filled with fun, love and the magic of shared moments”

In a kaleidoscope of colors and jubilant echoes our college recently played host to an enchanting celebration the Eid Fest. All of our students, faculty and staff came to celebrate joyous occasion of Eid. It was organised by our beloved PGs and interns which was a vibrant tapestry of traditions, laughter and programs. The campus transformed into a visual feast with colorful decorations and thematic displays reflecting the essence of Eid. The lawn radiated a warm and festive atmosphere, capturing the spirit of the occasion. The fest kicked off with the mehendi decoration, photobooth followed by mouth watering biriyani to delectable sweets, the food corner was a delight for everyone.



Students showcased their elegance in a dazzling display of Eid outfits. Traditional attires mixed with modern twists. Girls decorated their hands with mehendi designs which were vibrant and artistic.

The event concluded with a lively photobooth, everyone capturing memories. Eid fest became a nexus of cultural exchange, celebrating values, kindness and the bonds that tie us together. This event with its fusion of tradition and modernity, became a cherished chapter in our college life.

Eid Fest



DIWALI

As the sky sparkled with light and homes glowed with joy, the spirit of Diwali filled our hearts with laughter, the warmth of loved ones and the delight of shared moments.



Diwali signifies the victory of light over darkness and good over bad. Diwali resembles a rainbow of lights, colors, sweets and joy. It's a time to celebrate with loved ones and friends, and SSCDS did that—it brought everyone together and made the most of the occasion. Where happiness can be observed everywhere, we could see our elegant campus was decorated beautifully, togetherness of students was appreciated and faculty was a part of us like always. We lit the diyas and decorated our college with vibrant rangoli.



We had dance shows, talent shows, cute spots for candid photos, a crackers show. There were competitions held which were participated in by all the batches including faculty. The entire campus bid the celebration goodbye by flying the hot air balloon lantern together, what a delightful site to witness. We all made pretty memories on the wonderful occasion and it was a magnificent sight to behold.







Krishna, Intern

Rapid fire with faculty

Dr. Abhinav T.N.
Reader, Registrar.



1. What do you miss the most about your UG life?

Ans. The best part about your UG life is you get to learn something new everyday. You develop on multiple phases and you get to meet new people from different walks of life everyday which teaches you more about yourself and also the people around you.

2. Your favourite novel. And why is it your favourite?

Ans. Novel: The Fountainhead by Ayn Rand because it talks about one man's will to change the course of life.

3. If not a dentist, what would you have been?

Ans. Uh... I think I would've enjoyed something in Management, yes. Because I keep playing the same role anyway... (chuckles).

4. The most annoying patient you've ever faced?

Ans. The worst patients are the ones that test your patience. (Laughs). I've had patients suffering from Munchausen's disease wherein they're mentally wired to think they're ill and it is quite hard to reach out to such patients.

5. What kind of a student were you?

Ans. I was an all-rounder. I wasn't the topper of my batch but I never did badly in studies, either. I didn't want to miss out on life and so I never worried too much about being a topper or anything like that.

6. Which subjects did you dislike during your UG?

Ans. I always liked learning so I never disliked any subject. But the biggest problem I ever faced was uh, carving.

7. What is the craziest thing you've done in your student life?

Ans. The craziest experience I had, one that you can publish publicly at least, was in my first year. Back then in Manipal, our hostel wardens were really strict. Even so, my friends and I had the guts to jump the parapet wall at 12 a.m. and we pooled Rs200 and we went on a 3 day trip to Jog Falls, Murdeshwar and Gokarna. We did get caught and the repercussion we faced was, getting less marks in our final Anatomy viva.

8. If you had an autobiography written about you, what would it be titled as?

Ans. "Forever Curious," probably (smiles).

9. In your life, who has had the biggest amount of influence over you?

Ans. Not one person, as such. I learn something from everyone around me. Life itself is the best teacher, I think.

10. Advice for the students?

Ans. I'll only say, for students from this age, be curious, learn and work on yourself. Be good at your studies because that gives you the root, the base to stand on. So that you can explore various other things in life. Only your imagination stops you.

Rapid fire with faculty

Dr.M. Vinathi
Professor, Periodontics



1. Most annoying patient and why?

Ans. No I never found a patient to be annoying.

2. Most memorable student and why?

Ans. I am inclined to students who are more work-oriented. I like teaching students who like to work. Many students are like that but I can't select one.

3. Funniest answer you read in an exam paper?

Ans. While correcting the paper there are many funny answers but I don't remember anything as it is right now (laughs).

4. Subject you disliked as a UG student?

Ans. Prosthodontics. There is more imaginary work to be done in prosthodontics and so I didn't like it that much.

5. Most favourite subject during UG

Ans. Endo.

6. If not a dentist, what would you have been?

Ans. Let's see... Software Engineer. From IIT.

7. How would you describe your department in a few words?

Ans. Disciplined. The nature of the people in the department is more work-oriented. Everyone wants to learn and work.

8. Any talents or hobbies other than dentistry?

Ans. Nothing as such. I like arts.

9. Most memorable memories from college life?

Ans. The time I spent with my friends and colleagues is the most memorable time from my college life.

10. What do you miss the most about college life?

Ans. Ummm... I miss my friends, actually.

11. Most annoying quality in people according to you?

Ans. Selfishness.

12. Life advice you'd give to the students?

Ans. Every student is different actually. All I can say is that one should work according to their own work ethics and always maintain them. There are a few things you need to follow in life ; One is discipline. Second is helping nature. You need to be self aware to maintain yourself and that comes from knowing what you want to do.



International Radiology Day

We acknowledge the invaluable contributions of radiologists and medical imaging professionals worldwide.

International radiology day is celebrated on the anniversary of Wilhelm Conrad Roentgen's discovery of X-rays on November 8, 1895, to commemorate this groundbreaking invention and its profound impact on medicine.

In the world of modern healthcare, radiology plays a vital role in diagnosis, treatment and patient care. Through the power of cutting-edge technology and expertise, radiologists provide a unique window into the human body, enabling the early detection and accurate diagnosis of a wide range of medical conditions.

This day, serves as a reminder of the dedication, skills and commitment of radiology professionals who tirelessly work to improve the quality of healthcare and ultimately, save lives. It's a day to recognize their efforts and to express our gratitude to their unwavering commitment to the betterment of global health.



As we celebrate the achievements of radiologists, we must also reflect on the continuous evolution of this field. With advancements in imaging technology, artificial intelligence and data analytics, radiology is poised for a future filled with innovation and new possibilities. Face painting, quiz, rangoli and e-poster competition were conducted successfully to commemorate this day .

SAMREEN KAREEM
4th year

CELEBRATING TINY TEETH AND THEIR OWNERS



The 14th of November is recognized as children's day in India to celebrate the little miracles that light up our daily lives. This day is also recognized as the Pedodontist's day. We at the Department of Paediatric and Preventive dentistry of Sri Sai College of dental Surgery had a joyous celebration on the 14th of November, 2023.

It was a lively event which was organised into two parts. In the morning session we had organized fun games for children like lemon and spoon, musical chairs, passing the ball and the like in which children took part with lot of enthusiasm and thoroughly enjoyed themselves. This was followed by distribution of cake and gifts to children. In the afternoon session the postgraduates of the department and interns had put together a spectacular dance performance on a medley of songs which was also graced by our beloved HOD Dr. Sampath Reddy.



Post lunch we had organized dental dumbcherades for staff and students of college, which was an engaging event with much laughter and involvement of both undergraduate and postgraduate students. With minion themed decoration and all the events that arrayed the day the entire department came alive.

We celebrated children's day with little smiles and a lot of cheer and look forward for the event again next year.

Samreen Kareem,
4th year

Dr. Vaishnavi
post-graduate
(department of
paediatric dentistry)

CONSERVATIVE DENTISTRY AND ENDODONTICS DAY

Indian Association of Conservative Dentistry and Endodontics (IACDE) celebrates 5th of March as Cons - Endo Day. It is a week long celebration to create awareness about conservative dentistry and endodontics along with oral health among the public. So, we from SSCDS, have conducted camps at government schools to create awareness about oral hygiene on March 5th.



ORAL HYGIENE DAY CELEBRATIONS

To commemorate the birth anniversary of the stalwart in Periodontics, Dr Govind B Shankwalkar, Sri Sai College of Dental Surgery, situated at Vikarabad Town in the State of Telangana organized Oral Hygiene Day on the 1st of August 2022.

To begin with, Dr.GB Shankwalkar was paid homage by Brig (Retd.) Dr Ramen Sinha, Principal SSCDS, Dr Syed Afroz Ahmed, Vice-Principal SSCDS, Dr Krishnajaneya Reddy, Professor - Department of Periodontics, Dr Rajesh Reddy, Professor-Department of Orthodontics & President-Telangana State Dental Counsel, Dr.M. Vinathi, Professor-Department of Periodontics and Dr.B. Aravinda, Reader-Department of Periodontitis followed by the lighting of the lamp.



Adhering to the theme of “GUM CARE FOR TOOTH CARE” several programmes were organized in and around the campus. A week before the oral hygiene day, online contests were organized namely 1. BEST SMILE CONTEST, 2. BEST REEL CONTEST featuring the theme of “GUM CARE FOR TOOTH CARE” and 3. FLOSS LIKE A BOSS DANCE CONTEST to educate the patients and students about the importance of flossing in everyday oral hygiene.



Results of the same were declared on 1st august after hosting a quiz competition on oral hygiene and gum care for all the BDS Undergraduate students and a lecture on ORAL BIOFILM by Dr B Aravinda which was attended by about 400 UG, PG and STAFF MEMBERS of all the departments in our auditorium.



BLOOD



DONATION



CAMP

Blood donation is of paramount importance as it plays a crucial role in saving lives and maintaining public health. Here at SSCDS, we don't just take responsibility for your smiles, but also your lives.

Blood donation is a selfless act that directly impacts the health and well-being of individuals in need. It is a simple yet powerful way for individuals to contribute to the welfare of their community and society at large.

As a commendable initiative that can make a significant impact on community health, the Public Health Dentistry department of our college, under the leadership of Dr. Yadav, organised a blood donation camp within the premises of our college. Students and staff members of SSCDS showed up with courage and a smile on their face to donate their blood for a good cause.

This year, the department of PHD worked in collaboration with the Government Hospital of Vikarabad and had a huge amount of volunteers who donated 300ml of blood per person.

This commendable act of greatness towards the greater good of society will go down in SSCDS history. And like we do it every year, we'll continue to keep our efforts up to contribute to the welfare of our society as much as we can.

Harshitha Tripathi
3rd year

Camps

"Health care camps are not just about treating ailments; they are about bringing healing to communities, one caring gesture at a time."

Special care population

Screening camp was conducted for mentally challenged people and demonstration of brushing techniques has been performed.

TEACHERS TRAINING PROGRAM

As teachers provide good education, to create awareness among the teachers, a screening and health education camp was conducted in DIET college. They were explained about the self - examination of teeth, importance of oral hygiene, traumatic injuries of teeth, brushing techniques and diet counselling.



School extra-curricular activities



Every saturday few private schools organize extracurricular activities like paper crafting, paintings & drawings, clay art, pot paintings, dental activities. On the day of dental activities, children are educated with brushing techniques, knowledge about cavities and important facts for improving oral health

MEGA CAMPS

In collaboration with medical camps, dental camps were arranged and people were educated about importance of oral health. Awareness of oral health, brushing techniques and few minor treatments are provided at camp site.



SCHOOL DENTAL CAMPS

All the children were screened and they were educated about dietary habits, brushing techniques. Children are also provided health education with the use of intraoral camera which is used to visualize cavities, deposits on tooth to children. Then children were explained about the cause and also how to prevent the cause of cavities and deposits on tooth surfaces.



Samreen Kareem , Dr. Leela Lohitha
4th year PG 3rd year

Rapid fire with faculty



Dr. Dusyanth Paul
Professor & Head, OMFS

1. Most annoying patient so far?

Ans: The one with a smartphone and a google doctor!

2. Most memorable student. And why?

Ans: Every student is memorable in their own ways.

3. Subject you disliked as a student?

Ans: Math solving patient's problem's are easier

4. Most favourite subject?

Ans: Oral surgery

5. If not dentist, then what would you be?

Ans: Maybe an artist.

6. Describe the department in 3 words?

Ans: Blood, bread and butter.

7. Any talents besides dentistry?

Ans: Of course a lot few being marketing skills, architecture, musician etc

8. Most notorious behaviour you did in your college life?

Ans: Imitating my teachers on stage

9. Most memorable memory during your study years?

Ans: Farewell and class trips every year

10. What do u miss about college days?

Ans: Friends.

11. Most annoying quality in people?

Ans: Boasting and gossiping

12. Any life advice you will like to give?

Ans: Don't follow anyone's advice.

13. What was the Weirdest experience you had in surgery theatre?

Ans: Patient holding my hand under general anaesthesia

Rapid fire with faculty

Dr.A.Sheetal

Reader, Public Health Dentistry



1. The person or the moment you first remember when you think of this college.

Ans. PP sir because he was the one whom I met first when I joined this college as PG and of course shakeel sir, Monica mam and Yadav sir .

And the moment there is not one many memories from college. If I have to say a PG memory then definitely the first day of my Pg When we had an interaction with Dr Shakeel sir , he asked one simple question "which is the best exit for the dept" of course anybody would show the door however he showed us a window in pg section... As time passed by I realized that was the quickest entry and exit for the department which I'm sure most of us are still using ;-)

2. Place where you spend the most in this college.

Ans. As a PG, in the department and of course Canteen. As a staff, it is always the department . Right now , CDC 1 is where I spend most of my time.

3. What are the pros and cons of being a staff?

Ans. Pros : As a staff, we always learn new things from students let me be specific the quickest way to finish work or search some things over the phone which we definitely are unaware of. Not to leave a mention here, the best part is the students and their funny answer for questions we ask or the excuses they make always make us laugh.... Thank you to all my Students 😂

Cons : Cannot be your "real self" for instance you have to be harsh sometimes even though you don't want to.. just because, you want your student to choose the right path.

4. What was the craziest thing you did when you were a student?

Ans. In my early college days(Ug), our whole batch planned for a movie, so we mass bunked unfortunately before we could exit the college we had to re-enter the college because Principal caught us and suspended the whole batch for doing so but we joined college after few days as if nothing really happened 😂😂

5. What kind of students do you like?

Ans. The two extremities: The top student and the bottom student either of them will give the satisfaction as a teacher.

6. Your opinion of Friendships and Relationships.

Ans. Friendships and Heartbreaks are mandatory as students because they teach you how to stay strong if things don't happen the way you planned. But knowing your limits is necessary, maintaining friendships & relationships is nothing wrong until and unless a line is not crossed.

7. Funniest answer in Viva

Ans. Tools of Dental Public Health? Can you guess the ans?????

Mouth Mirror, Probe, Tweezer, CPITN Probe, Explorer .. The examiner added a ting of masala to this and added Green cloth to which the student not even thinking for a second replied 'Yes sir, yes sir.. green cloth as well' that is something, I can never forget 😂

8. A message for Intern Batch and Final Year Batch as you are close to these batches.

Ans. For Interns (2018 Batch) - 'Don't make life too complicated, keep it simple, live it simple. Don't hold back any negativity towards anything or anyone. enjoy the things you do.

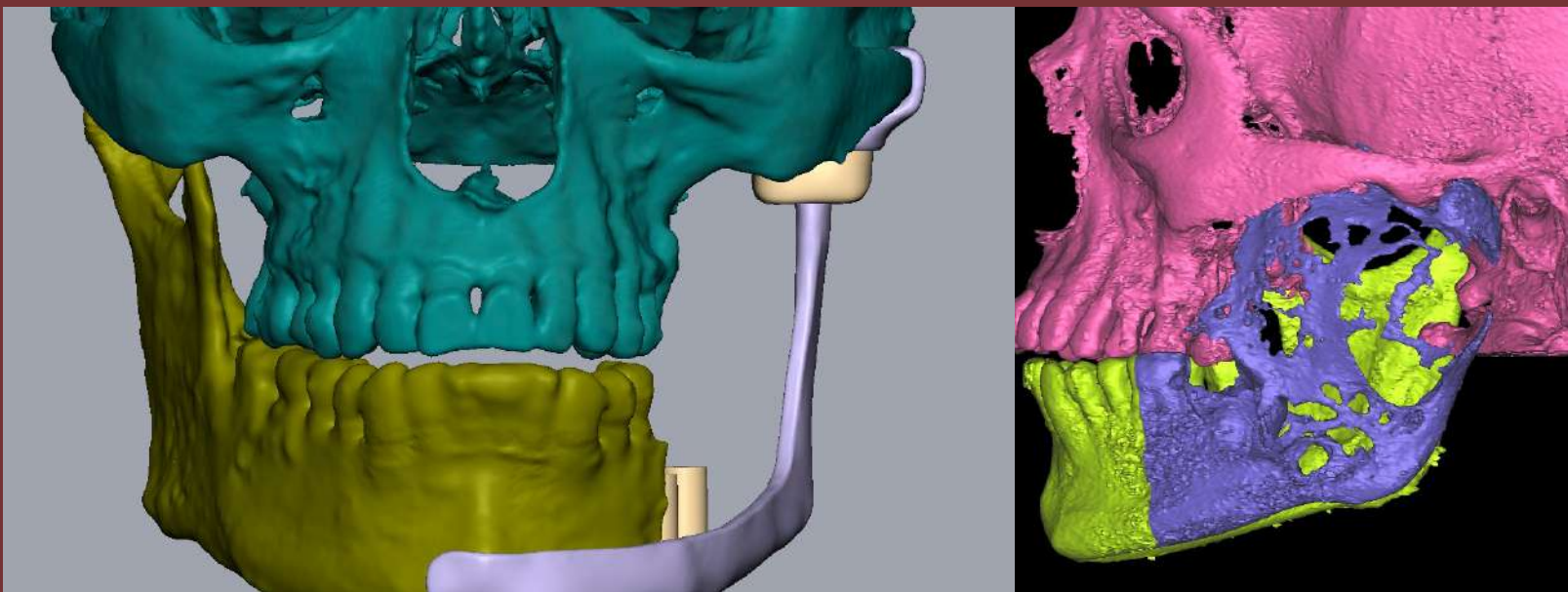
For Final Years (2019 Batch) - 'Clear your exams enter and enjoy your internship. Live it to the fullest because this phase will never come back and it should make you feel nostalgic whenever you think of college.



Diagnosing and settling on a treatment plan is not an easy task. Treatment plan is essentially a roadmap to patients dental health. How you plan to implement and outline it, is the most important thing. Doctors with proper assistance, many different approaches and new techniques are implemented in our college where we plan to get the desired outcome. Not only the treatment plan but also follow up recovery is also an important one. Now-a-days, 3D technologies has took over the general techniques making the good result.

TREATMENT OUTCOMES

Vennela Durgempudi
Intern



Oral and maxillofacial surgery

A case of unicystic ameloblastoma of left posterior mandible treated with segmental resection and reconstruction with Total joint prosthesis(TJR).

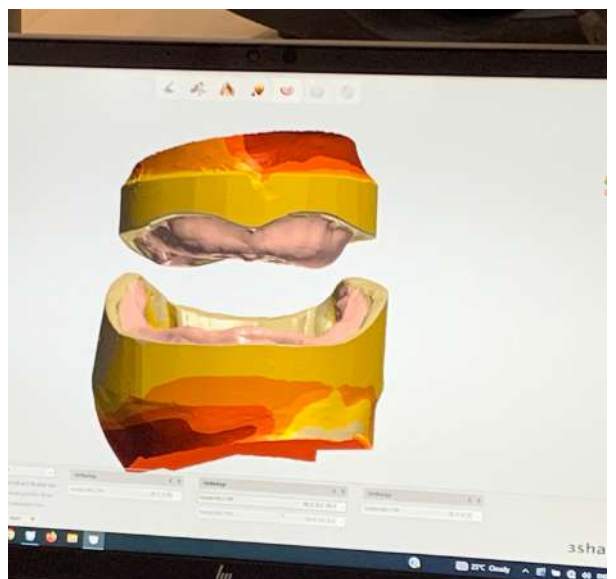
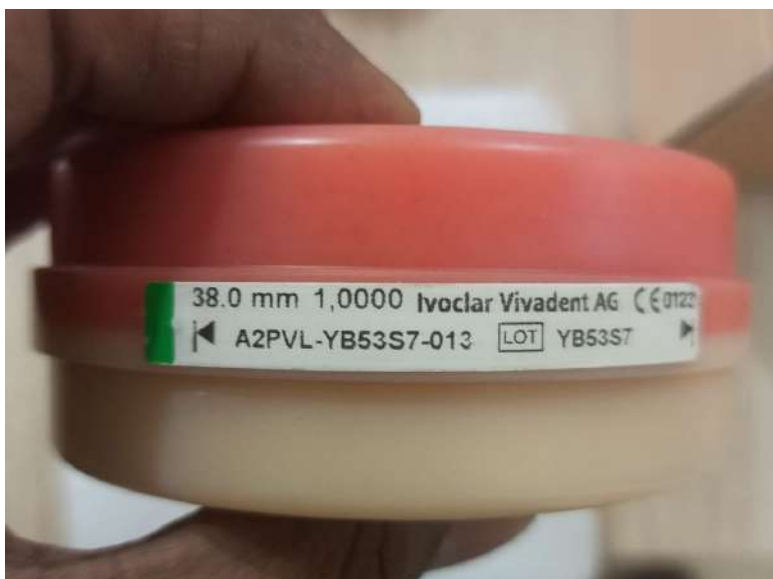
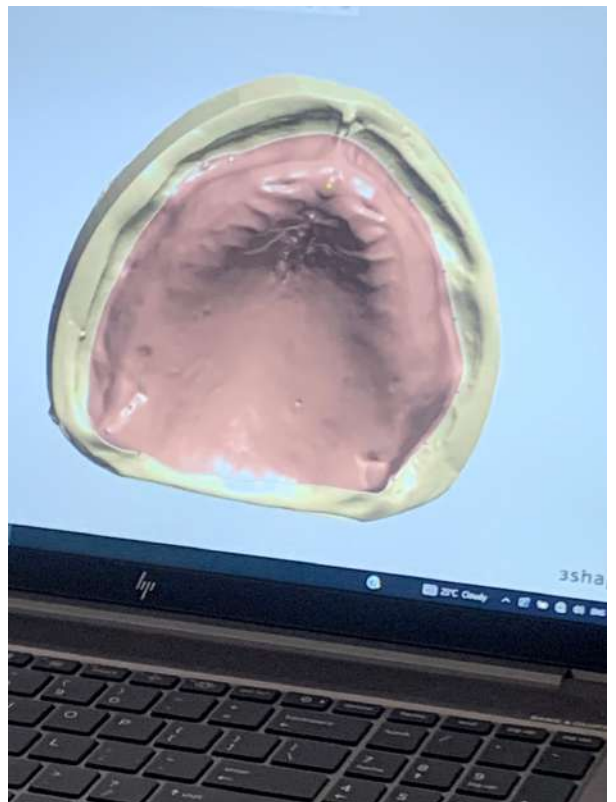
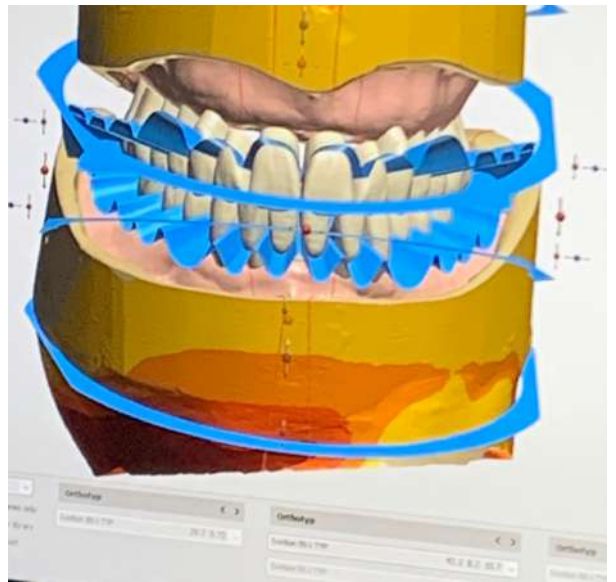
A case of a 50 yr old male diagnosed with unicystic ameloblastoma was planned for resection of the tumor followed by reconstruction using an extended TJR prosthesis which involved pre operative computerized planning with stereolithographic models, cutting guides, glenoid fossa component, replica and final prosthesis.

Treatment plan included segmental resection of left posterior mandible including the coronoid and condylar processes reconstruction was done using 3D printed titanium TJR prosthesis along with glenoid fossa component.

Post operatively the patient was put under MMF for 4 weeks for muscular adaptation after which his new jaw has become fully functional.

PROSTHODONTICS

Digital dentures leverage advanced technology to design and manufacture dentures with precision. The use of digital workflows in denture construction represents a modern and innovative approach to traditional prosthetic dentistry



REDEFINING FASHION OF DENTISTRY

Modern Era

"The beauty of dentistry lies in its evolution. From ancient remedies to cutting-edge technologies, each era contributes to the art and science of oral care."



ARTIFICIAL INTELLIGENCE TRENDS IN DENTAL SOFTWARE

With the rise of artificial intelligence (AI) technology, dental software is becoming smarter, more efficient and more patient-focused than ever before.

The most prominent AI dentist trends include the use of AI-powered imaging tools to assist in diagnosis, treatment planning and monitoring. These tools help dentists analyze images, identify patterns and make more accurate diagnoses.

Few examples are Pearl AI (An AI powered imaging tool that analyses dental x rays to detect early signs of cavities), Kavo Diagnodent (AI powered imaging tool that uses laser fluorescence technology to detect cavities in teeth), Orca Dental AI (An orthodontic software that uses 3D imaging to assist in treatment planning)

- Prosthetic implants: it is easier and more affordable to create prosthetic implants, such as dental crowns and bridges with 3D printing.
- Surgical guides: 3D printing has also made it possible to create surgical guides for dental implant procedures. These guides can be printed based on a 3D model of the patient's jaw and can help ensure the precise placement of the implant.

With the use of advanced digital technology, dental practitioners can create digital impressions of a patient's teeth and gums, eliminating the need for messy traditional impressions. This technology has made it easier for dentists to diagnose and treat a variety of dental issues, while also improving patient comfort and experience.

One of the main benefits of digital impressions and digital dentistry is their precision.

3D PRINTING TRENDS

With the ability to create customized dental prosthetics, aligners and implants, 3D printing has revolutionized the way practitioners approach patient care.

- Customized aligners: 3D printing has made it possible to create customized aligners for orthodontic treatment. With the use of digital scanning technology, dentists can create a 3D model of a patient's teeth and print a set of aligners that are specifically tailored to their needs.



DIGITAL IMPRESSIONS AND DIGITAL DENTISTRY

TELEDENTISTRY

From virtual consultations to remote monitoring, teledentistry is making it easier for patients to receive the care they need from the comfort of their own homes.

Some of the key benefits of teledentistry include:

- Increased access to care
- Cost-effectiveness
- Improved patient experience

Rapid fire with faculty

Dr. Prabhat Kumar Tiwari
Professor, OMFS



1. The most annoying patient so far?

Ans. The most annoying patients are the ones that come with Google diagnosis.

2. Most memorable student. And why?

Ans. My most memorable student comes from when I was in 2nd year BDS. I taught my batchmate how to carve since we had internals around the corner. To my surprise, he scored 9 and I scored 1 and a half. Chuckles.. Also the most difficult to forget student is Dr. Abhinav as he is still here with me everyday.

3. What Subject you disliked as a student?

Ans. Haha alright, I cannot handle eosin, hematoxylin and crying children.

4. Most favorite subject?

Ans. From the very beginning, on the day of orientation itself when they had given me a college tour I knew I had to do OMFS and nothing else.

5. If not a dentist, then what would you be?

Ans. I would've been a pilot. I had written my NDA exam and got through it but, by the time the results were out I was already into 2 months of my BDS classes so I had no money to surrender my seat...

6. Describe the department in 3 words?

Ans. I would say blood, sweat and tears.

7. Any talents besides dentistry?

Ans. I played cricket at the university level for Delhi University and Manipal University.

8. Most notorious behavior you did in your college life?

Ans. So when we were in first year MDS it was all the way back in 2009. The first birthday party that we had celebrated in our hostel. So we had Shoe polish, Black paint, Dental stone, Coke bottles and Sugar syrups and mixed it all up and spread it all over the hostel corridors. To date, there's a notice saying "Celebrating birthday parties in the corridor is prohibited".

9. Most memorable memory during your study years?

Ans. Alright, I'll give you a funny one. There was a senior in prosthodontics department who came running, saying that the patient is not cooperating. So when we all gathered there we saw that he was trying to reduce the occlusal rim height with a hot plate spatula while the rim is still in the patient's mouth.

10. What do you miss about college days?

Ans. I miss the freedom to be carefree. We had guidelines and targets for what needed to be done and didn't have to think too much beyond that. Also the group of friends who are family away from family.

Rapid fire with faculty

Dr. Shravan Kumar
Reader, Oral Pathology



1. What is your opinion on digital teaching and blackboard teaching, which is more effective?

Ans. Both are effective, but I prefer blackboard as it allows students to keep pace with the teacher.

2. The first person that comes to your mind when you think about SSCDS.

Ans. Dr. Afroz. He was my mentor during my post-graduation in SSCDS. He believed in me, recognized my potential and always encouraged me.

3. If not a dentist what would you have been?

Ans. I would have prepared for the Civil services exam.

4. What are the subjects you disliked as an undergraduate?

Ans. Dental materials.

5. Your favorite actor or actress?

Ans. During my school days, I loved watching Chiranjeevi movies and later on Pawan Kalyan.

6. What is your success mantra for becoming a gold medalist?

Ans. I didn't plan for anything as such. I just wanted to prove myself and work hard.

7. Suggestion to students

Ans. "Patience, self-belief and hard work"

8. What kind of student were you during your college days?

Ans. To be honest, I was not a studious kid. I was always late to classes and ended up standing outside the classroom.

9. When was your turning point in your life?

Ans. It was during my post-graduation, that I faced a lot of criticism but I dealt with it positively and productively.

10. The craziest thing you have done in the college

Ans. I don't know if it's crazy. It was during my exams that I decided not to use my phone for straight 8 months and I did it.

I didn't attend conferences but I used to go to library of the particular college (where the conference was conducted) and collect the articles (I almost collected 12 GB of information.)

CONFERENCES



1.



2.



3.



4.



5.



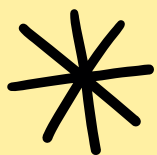
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7.



8.



MASTERPIECES UNVEILED

Where uniqueness takes center stage



Vineetha Nair

4th year



K.V.Akshitha

4th year



Vamshi Krishna

3rd year



Meenakshi

2nd year



Vashishta

4th year



Md.Fahad

4th year



Sai Tejan

4th year



Samreen Kareem

4th year



Robinson

3rd year



Divya Sree

3rd year



M.Deepika

3rd year



Srivalli Ramu

3rd year

ARTS & POEMS

Collected by: J.Deekshitha (3rd year), Hidayath (2nd year)

Perception: That's all that matters

Remember those days when
we striven for a break
and when the break arrives
we tend to strive to go back to our routine.

During the routine,
we feel mechanized.
During the break,
we feel to be lacking our very identity.

At every point of time,
we tend to lack something
if that's how we perceive it.
Changing this perception
changes everything beautifully.

Dr. R.K.Haritha
Tutor



Habiba Sanobar
Intern



Manavi Soni , Intern

Choose Happiness

Change is the only permanent thing in life,
but many a times we fail to realise
this simple truth.

Expectations are sort of a greed,
we set for ourselves.

Life is like a breeze,
flowing along with this breeze.
As life takes us by,
moulding and modifying ourselves
according to the circumstances,
and yet never forgetting to create happy memories.

Happiness is a choice rather than a destination.
It's not something you attain,
but something which you experience
at every path of our life.

Dr. R.K.Haritha
Tutor

What are thoughts?

Are they the ones that disturb your peace..?
or the ones which lead you to peace?

Are they the ones that enlighten you?
or the ones that push you in to the room of
darkness?

Thoughts are just a part of your mind,
that take you in the direction you are willing to go..

You are the one who is having upperhand..
sooner you recognise it and act accordingly..
better will be the way you live your life.

-Anonymous



Dr.Maria Fatima, Intern

Dream Big!!!

Don't become weak
As dreams start to streak.

Dream big, dream big
though they say, dream on...
be valiant enough to bite bullets.
There will be a lot of struggle, a lot of pain,
but in the end "Nothing matters", as you gain!

Dream big, dream big
It's time to turn, your reverie into reality
People will taunt you, they'll laugh at you

Use those stones to make a domain and in the end,
it will be you - who will always win!!!

Sonali Pattabhi, Intern



M.Sravani 3rd year

In the morning's golden light,
Nature whispers, pure and bright.
Trees sway gently in the breeze,
A symphony of leaves, at ease.

Stars emerge in the twilight sky,
Silver dreams as night draws nigh.
Moonlight weaves its soft refrain,
A lullaby for dreams to gain.

Arun, 1st year

Dental School

In the magical realm of dental school, where smiles are created anew, we enter a world full of knowledge where our dreams come true. With textbooks as our compass and instruments as our wands, we weave smiles of dental Enchantment with every dental command.

From carving wax, with shaky hands and a grin. To drilling, filling, fixing cavities perfecting our dental skill. With precise diagnosis dental woes we uncover, creating smiles, that will leave you in utter wonder.

The dental impressions that have gone wrong, to funny viva mishaps . We have created memories, cherishing each adventure.

Through challenging clinics and heartfelt patients care, our mentors emerge in the moment of despair late nights of studying, fueled by caffeine in our veins, driven by ambition our, hunger for success never wanes.

Thank you dental school, for all you have bestowed. For the knowledge, friendships and the growth we have known. We are grateful for you, year after year, as we carry your lessons in our hearts forever.

Hajera Ghori , 3rd BDS



D. Shashanka, 1st Year



Shukraan, 3rd year

A proper sequence of notes makes the melody so satisfying..

Even if a single note is misplaced, the composition might get altered and the tunes change..

But sometimes, the the same misplacement can give us a new tune which could be even more satisfying..

Change could lead to something even better.. How about we try accepting the change instead of regretting it..

Let's let the seed of positivity grow for once.

Ch.Samapriya, Intern

I was a broken doll when you found me.
You fixed me and made me feel beautiful than I ever was.
You were the glue holding up all the pieces together.
Now I see that,
the pieces that were supposed to be held together have
been getting apart.

It was me,
who failed to realise what the reason was..?
It was YOU , who was missing.

Ch.Samapriya, Intern



Gone are those times when you didn't need to fake
anything before that one person...
how cruel time is, to drive you apart from me
Is this the fault of time to bring a change in you?
or
you are the one that's been using time as an excuse ?
or
is it just my fault to believe everything can be held
together just by adding a tincture of love.

Ch.Samapriya, Intern



Rohini, Intern

In a meadow green and wide,
Where sunlight and shadows bide.
Flowers dance in gentle breeze,
Nature's whisper through the trees.

Underneath the moonlit night,
Stars above, a sparkling sight.
Dreams take flight on silver wings,
As the night in silence sings

Arun, 1st year



*Kavya Goud,
2nd year*

Just like YOU

Fear can whisper, doubts can attack,
Yet the strength of vulnerability never fails.
Accept your truth, let it manifest,
For in the embrace of honesty lies a precious
pearl.

In your words they see their own reflections,
Proof that they are never alone.
Open the gate, let your stories flow,
And watch the seeds of inspiration begin to grow.

Facing the storm, embracing the hour.
With each new step, a struggle unfolds,
A changeover, as the story sculpt.

The heart, a canvas, where sorrows paint,
Yet hope emerges, a picture quaint.
Though the pain may etch its deep scar,
A masterpiece rises from the ashen spar.

Be encouraging even in the midst of the storm,
Because the power of authenticity is changing.
Accept your challenge, let your voice ring true,
And inspire others to win, just like you.

Afeefa Sadaf, 1st year (2023)



Rida Zareen, 1st year(2023)



Dr. Shiva Sai

Here's to the butterflies in your belly
Here's to knees as weak as jelly?

Here's to the heart that flutters as it
beats Here's to the destined eyes your
gaze meets

Here's to blood that rushes to your
cheeks Here's to the hand that your
hand seeks

Here's to the smile tugging at your lips
Here's to the tune of your dancing
fingertips

Here's to the writer of the book of
romance Who writes passionately about
that one glance Here's hoping that you
too get your chance At an enchanting,
moving and everlasting first dance.

Fariah Yousuf, Intern

Tumhari yaad ko sambhal kar rakh Diya
 Maine almari mai.....
 Lekin tumhari adaat ko jala Diya door kisi
 samshaan mai....
 Tumhari sath hone ki umeed dafaan hai kisi
 kabar mai.....
 Lekin tumhare dhoke ko pehanta hoon mai
 gurur se apni muskaan pe.....
 Tumhare naam se ab bhi meri ruh jaga jati
 hai....lekin abb tumhari yaad nhi tumhari
 bewafai yaad aati hai

Devanand Mane, Intern



Putta Meghala, Intern

*In ivory rows, a gleaming sight,
 Teeth that guard the day and night.
 Chewing tales of laughter and delight,
 Smiles that sparkle, pure and bright.*

Marwaan, 1st year



Putta Meghala, Intern

*Upon the canvas of despair,
 In hues of gray, a heavy air.
 Whispers of a fading light,
 Embrace of shadows, endless night.*

*Tears that fall like silent rain,
 Echoes of a muted pain.
 In the heart, a vacant space,
 A melancholy's silent grace.*

P.Aditya, 1st year



Omer Mukarram, Intern

In the realm of lectures, where wisdom takes flight,
A canvas of friendships, colors so bright.
College days unfold, a tapestry divine,
In the embrace of camaraderie, forever entwined.

Through crowded halls and coffee-shop talks,
In shared textbooks and midnight walks.
Friendships forged in the crucible of stress,
Bonds that endure, nothing less.

Diverse souls converging, a vibrant blend,
In this academic journey, together we fend.
Laughter echoing in the library's hush,
In the tapestry of college, friendships flush.

Through exams and deadlines, we navigate,
A constellation of friends, our shared fate.
Shoulder to shoulder, facing every trial,
In this collegiate odyssey, mile by mile.

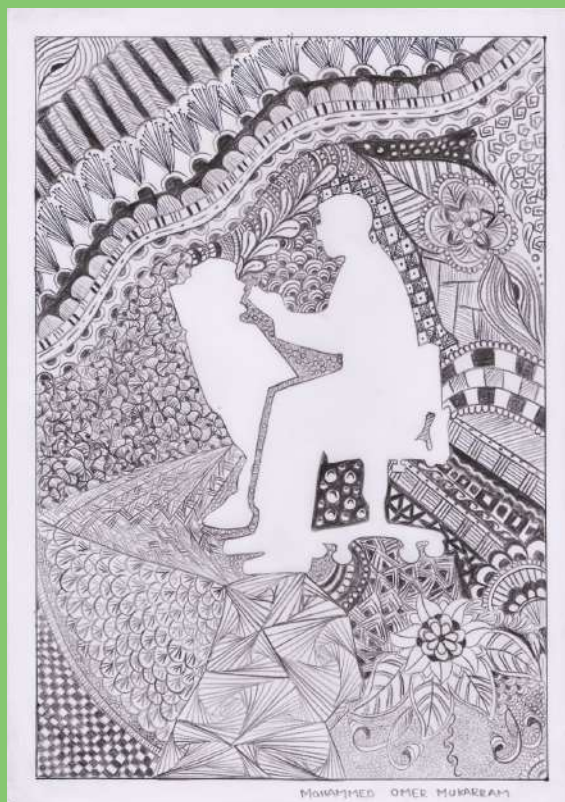
Late-night cram sessions and pizza delights,
Memories woven in the fabric of sleepless nights.
In the spectrum of stories, joy and strife,
College friendships, the pulse of life.

Graduation day, a bittersweet song,
As we part ways, the echoes prolong.
Yet, in the heart's album, preserved in art,
College friendships, a masterpiece, a work of heart.

Saniya Begum, 1st year



Nathan, 1st year



Omer Mukarram, Intern

*Milna chahti hoon tumse,
tum miloge kya..
Baat karna chahti hu tumse,
karoge kyaa..?
Bacchi kehte ho mujhe..
mere masoomiyat ko
apnaoge kya..?
Muskuraate huye dekhna
chahte ho mujhe..
Muskurahat ki wajah banoge
kyaa..?
Tere saath chalna chahti hu
zindagi bhar ,
tum saath chalna chahoge
kya..?
Ye sab tumse hota...
toh mujhe akele chodke
jaate kya..?*

Ch.Samapriya, Intern

*It's not your fault, that I'm stuck in
the rain.
With clouds in my mind And
thundering pain.*

*It's not your fault, that my heart is
torn.
Ripped up like paper since the day I
was born.*

*But it is your fault, for not diving in..
I'm drowning in ocean and you know
I can't swim.*

Shamaeel Ahmed, 3rd year



Omer Mukarram, Intern

*In twilight's gentle, fading hue,
whispers of stars, a cosmic view.
Silent dreams on moonlit streams,
night unfolds its mystic schemes.*

Marwaan, 1st year



Kavya Goud, 2nd year

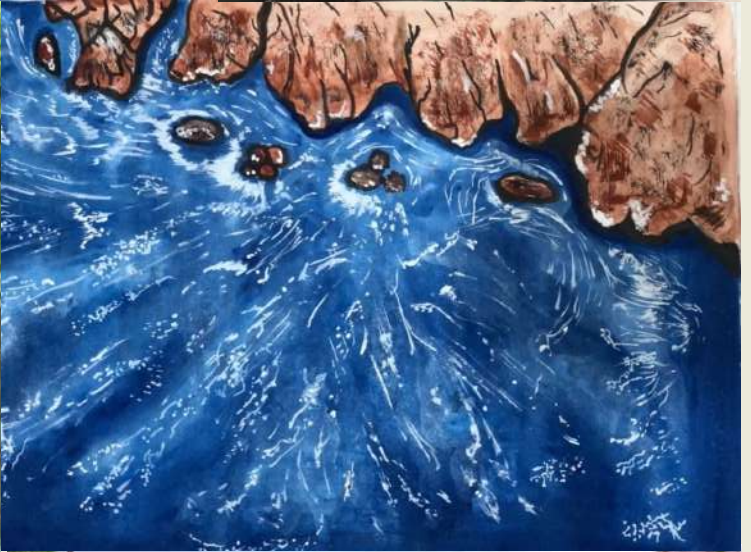
*In lumous glow, a radiant ballet,
stars waltz in the night, leading the way.
A cosmic lantern in the vast expanse,
guiding dreams with a celestial dance.*

*Moonlight's embrace, lumous and bright,
paints the sky with its silvery light.
In the quiet of night, a magical hum,
lumous whispers, the universe's drum.*

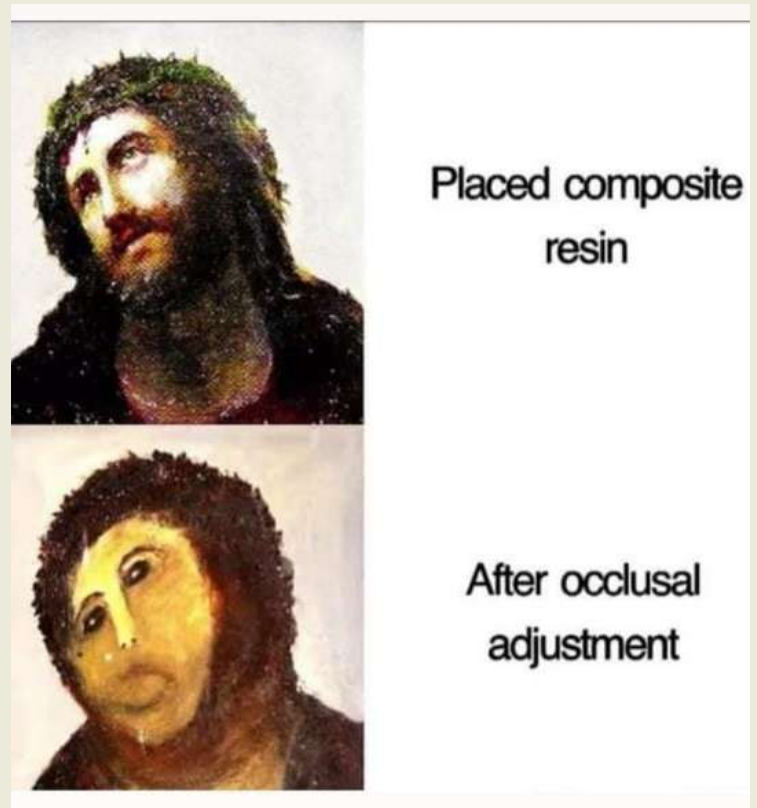
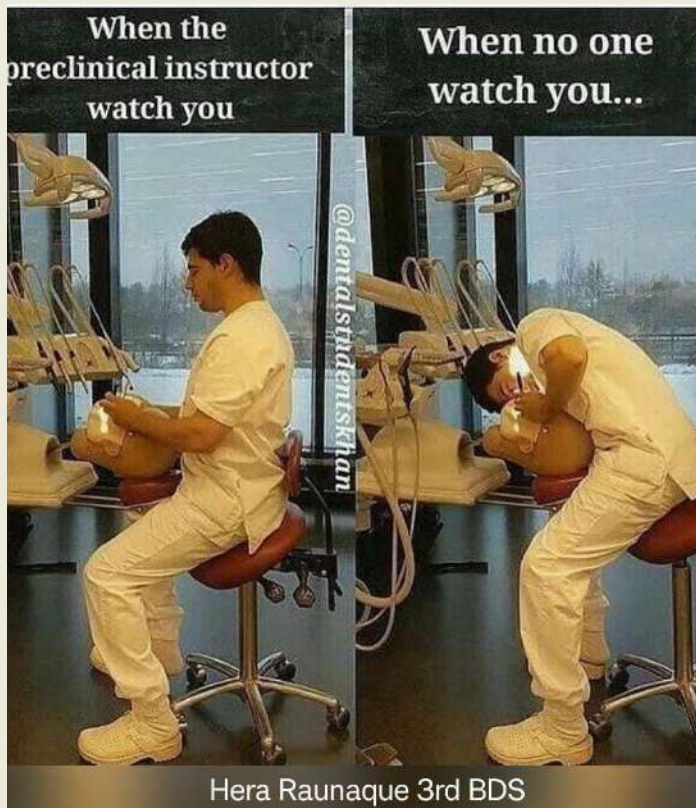
Phaneendra, 1st year



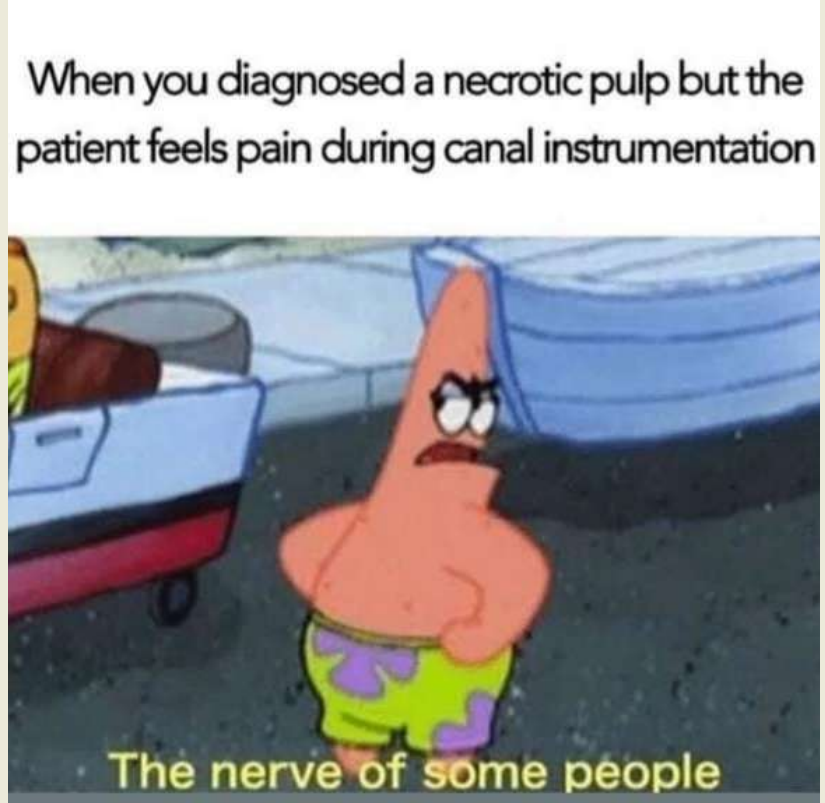
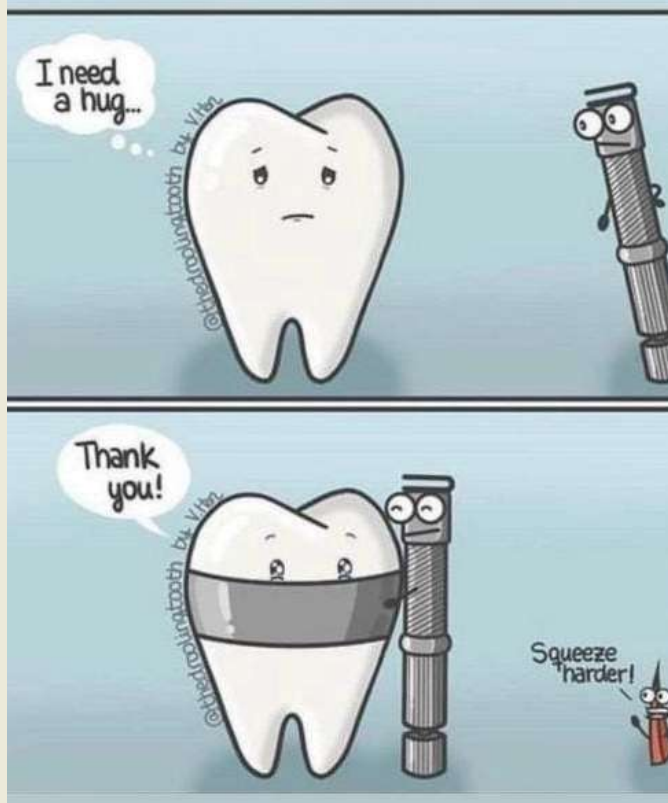
Manavi Soni, Intern



MEMES



Dr. Sai Babu



Dr. Iqbal, II MDS



Sonali Pattabhi, Intern



Sonali Pattabhi, Intern



Sonali Pattabhi, Intern



Faiza Fatima,3rd year

**WHEN YOUR PATIENT DENIES
ANY MEDICAL HISTORY**



**THEN SHOWS YOU THEIR
MEDICATIONS**



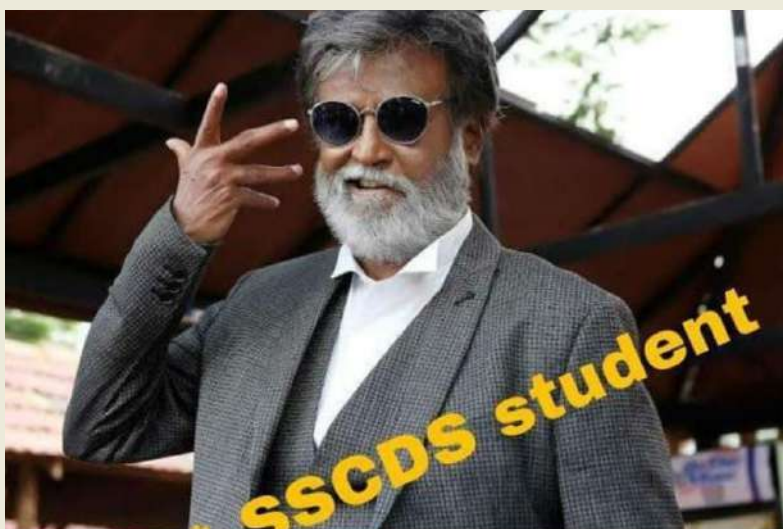
BDS students

MOM STANDS FOR :

Makers of
Milkshake

Muscles of
Mastication

Isra Meraj, 4th year



SSCDS student



*** other dental
college students**

**In a group
discussion about
college campus,
ECA, ecosystem etc**

Vasanth, Intern



**MIXING CEMENTS IN DM
LAB**



ME

**TRYING TO GET BASE
CONSISTENCY**



STAFF

**LOOKING AT MY
CEMENT MIXING**

Shiva priya, Intern

EACH FRAME HOLDS A TALE

CRAFTED MOMENTS, TREASURED FOREVER







TITANS BATCH 2K18





Keerthana, 4th year



SHIZEN NO UTSUKUSHISA - BEAUTY IN NATURE

You feel, We express



Scan and fill the questionnaire...



Priyadarshini



Jikai Made

UNTIL NEXT TIME...



NOX

